

Connect with breastfeeding and infant feeding experts!

Pacify

Pacify is a mobile app offered through the Philadelphia Department of Public Health that provides 24/7 support - at no cost to you!

- ✓ On-demand, secure video access (can be turned off at anytime)
- ↻ Unlimited, confidential support
- 🤝 Trustworthy and non-judgmental care
- 💬 Available in English and Spanish

Connect with kind professionals about:

Breastfeeding, latch, milk supply, breast pain, pumping, milk storage, bottle feeding, gas, returning to work, using formula and more!



"How do I get Pacify?"

Download Pacify at no cost to you by visiting the App Store or Google Play and searching "Pacify." You can also scan the QR code for instant access! Then start getting support today by creating your account and using the enrollment code below!

"How do I use Pacify?"

Using Pacify is easy! Any time you need help, open the app, & press the "Lactation Consultant" button. You will be connected to care as quickly as possible. Most calls are answered in under 30 seconds!



Use sign-up code: _____